

Coquitlam, BC

778-689-9397

LaurenBest3@hotmail.ca

Lauren Best

Hard-working third year Geography student eager to begin a career in the environmental sector. My goal is to find a job that allows me to continue learning and growing my experience in the sector with opportunities to work outdoors. My dynamic, positive, cooperative nature makes me the “Best” choice for any team.

EDUCATION

Jan 2020 - Present

B.A Candidate – Geography, Environmental Science

University of the Fraser Valley

Sept 2015 – Feb 2019

Associate of Arts with honors – Geography

Douglas College

SKILLS

- Communication
- Teamwork
- Positive Attitude
- Problem Solving

WORK EXPERIENCE

Aug 2018 - Present

Dog Hiker

Boneheads Pet Services

Communicating and building rapport with clients. Planning and coordinating pick up, drop off and hiking routes using time management skills. Multitasking safety, planning, photography, and problem-solving skills.

Mar 2019 – Oct 2019

Field and Greenhouse Worker

Rondriso Farms

Using customer service and communication skills to inform visitors. Following verbal instructions and carrying out tasks to meet goals. Identifying issues and implementing solutions using problem solving skills. Complete maintenance tasks using tools and equipment like rototillers and hand drills.

Apr 2016 – May 2018

Shift Manager

Rocky Point Ice Cream

Utilizing communication and leadership skills in training and hiring of new employees. Using customer service skills and conflict resolution skills. Practiced efficiency and prioritizing in completing tasks. Essential skills include organization, time management, and attention to detail.

Summer 2012 – 2015

Instructor

Pedalheads Bike Camps

Using instructional and creative thinking skills to teach bike riding and lead road rides. Prioritizing safety, learning, and fun. Providing written and verbal feedback. Working with diverse range of people and children including differently abled and special needs. Bike maintenance & repairs using hand tools.

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EXPERIENCES

- Facilitator for “Green Campus, Green Communities Dialogue,” 2017
- Field School – Belize, 2017
- Rugby Tour Coach – Trinidad and Tobago, 2018
- Peer Tutor – Foundations of Math 11&12, 2015

AWARDS

2017

International Studies Award of Distinction

Douglas College

2015

Skip Roberts Athletics Award

Dr. Charles Best Secondary

LANGUAGES

- English
- French

QUALIFICATIONS

- BC Pleasure Craft Operators License, 2019
- Level 2 Coaching Clinic, 2016

VOLUNTEER

Jan 2020 - Present

Cultus Lake Aquatic Stewards

Invasive Species Removal

Geese Population Monitoring Program

Secchi Readings

2018 - Present

Lindell Beach Residents Association

Greenbelt Restoration Project

Planting Native Species

Storm Cleanup

2015 – 2019

Rugby Coach

Dr. Charles Best Secondary School

& United Rugby Club

TRAINING

- Photography
- Using power tools
- Operating ATV's
- Invasive Species Removal